

# SUFFOLK SAMARITAN AWARDS

## A Call for Proposals

Since the summer of 2000, the Suffolk University Counseling Center has developed and coordinated a program designed to raise awareness on campus regarding the signs of depression, prevention strategies, treatment options, and ways to support those who suffer from the disorder. The program is called: **Action for Depression Awareness, Prevention, and Treatment** and is known by its acronym, **ADAPT**.

The **ADAPT** program also relies on the Suffolk University community for additional assistance in continuing to build a caring environment. Each year the **Suffolk Samaritan Awards** will be granted to students, faculty, staff, administrators, and groups on campus for the purpose of creating and delivering projects, events, and activities which:

- enhance awareness of the signs and symptoms of depression;
- address issues related to depression prevention or treatment; and
- display consistency with the goals and vision of **ADAPT**.

*All students, faculty, staff, and administrators are encouraged to apply.*

For each academic year, at least **three grants, each with a maximum award of \$1,000, will be offered**. This is a wonderful opportunity for members of the Suffolk community to share their wisdom, creativity, and energy to develop projects that build on the efforts that have been made over the past years. (Funds must be used for project supplies, materials, and outside consultants/resource people only and cannot include compensation for an applicant's time or involvement.)

Applicants must either be a currently enrolled student (in good standing) or employee in order to qualify for an Award. **Proposals will be judged based on:**

- Creativity/Originality
- Relevance to the goals of **ADAPT**
- Clarity and thoughtfulness of proposal
- Short and long-term impacts
- Adequacy of the budget
- Adequacy of the program evaluation.

**The deadline for submission of proposals is October 21 of the current year.** Hard copies of proposals (not email) are to be submitted to Dr. Lynda Field, Suffolk University Counseling Center, 5<sup>th</sup> Floor, Stahl Building, at 73 Tremont Street. Information/consultation sessions for prospective applicants will be held in early October.

**Awards will be made in late November. *Projects must be implemented by May 1.***

**More information is available at: <http://www.suffolk.edu/offices/4421.html>**

**Follow the link to Samaritan Awards.**

**For assistance in completing this application, further information, or any questions, please contact:**

**Dr. Lynda Field**  
**617/573-8226**  
**[lfield@suffolk.edu](mailto:lfield@suffolk.edu)**

**Dr. Paul Korn**  
**617/573-8226**  
**[pkorn@suffolk.edu](mailto:pkorn@suffolk.edu)**

**FOR INFORMATION ABOUT THE ADAPT PROGRAM AND ABOUT DEPRESSION, GO TO:**  
**<http://www.suffolk.edu/offices/4421.html>**

Please type your proposal on this form or create a separate document (hard copy).

Date \_\_\_\_\_

1. Applicant name \_\_\_\_\_
  - a. (Check one)    \_\_\_ Individual                    \_\_\_ Group (Group Title: \_\_\_\_\_)
  - b. If you are a group, the members include:  
\_\_\_\_\_  
\_\_\_\_\_
  - c. Contact person is \_\_\_\_\_
  - d. Contact person's address, phone number, and email  
\_\_\_\_\_  
\_\_\_\_\_

2. Project Title \_\_\_\_\_

3. Total Project Budget \_\_\_\_\_

4. Project start and end dates (must be between January 15—May 1)  
\_\_\_\_\_

**For all of the following questions, please limit each answer to one brief paragraph.  
Be sure to answer each question.**

5. Briefly describe yourself/your group
  
  
  
  
  
  
  
  
  
  
6. Summarize the **PROBLEM, NEED, OR ISSUE** addressed by your project
  
  
  
  
  
  
  
  
  
  
7. Summarize your project's **GOALS** and how they relate to depression awareness, prevention, and/or treatment (“When the project is completed, the following will be accomplished:”)
  
  
  
  
  
  
  
  
  
  
8. Summarize your project's **ACTIVITIES/STRATEGIES**

- 9. Briefly describe how your project creates and/or supports a more caring community at Suffolk University**
  
- 10. Who do you want to reach/affect with your project? (Is there a specific group, or is your focus the entire Suffolk University community?)**
  
- 11. How will you know your project is successful? Briefly describe your plans for evaluating the success of your project**
  
- 12. Provide a budget describing in detail how the funds from the Suffolk Samaritan Award will be allocated for your project**

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